



SAILING INSTRUCTIONS

ANCIENT MARINERS' RACE Sunday 30 September 2018 **LADIES' RACE Saturday 6 October 2018**

1 RULES

- 1.1 Racing will be governed by the current Racing Rules of Sailing (RRS).
- 1.2 Boats shall comply with Southampton Harbour Bye-laws. In particular, attention is drawn to Notice to Mariners No 3 of 2016.
- 1.3 The Royal Southern Club handicap system will be used for both these races.
- 1.4 For the Ladies Race:
 - (a) Whilst racing, boats may only be helmed by women.
 - (b) Boats with all-female crews should advise the Race Committee (RC) before racing, as there is a prize for the first boat with an all-female crew.
- 1.5 For the Ancient Mariners' Race:
 - (a) Whilst racing, boats may only be helmed by persons aged 60 years or more. No crew member may be aged less than 40 years. The average age of the whole crew must be at least 50 years.
 - (b) Boats that have sailed the whole race with a female helm should advise the RC immediately after finishing the race, as there is a prize for this.
 - (c) Handicaps will be modified to allow for the average age of the crew.
- 1.6 Spinnakers or other downwind sails may be used.

2 NOTICES TO COMPETITORS, CHANGES TO SAILING INSTRUCTIONS and SIGNALS MADE ASHORE

- 2.1 Notices to competitors will be posted on the official notice board (ONB) located in the main entrance area of the Club.
- 2.2 Any written change to the sailing instructions will be posted by 0830 on the day of the race.
- 2.3 Signals made ashore will be displayed at the RSrNYC flagstaff. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in RRS Race Signals AP. This changes RRS Race Signals.

3 RADIO CHANNELS

- 3.1 Courses and other racing information will be advised by the RC, call sign "Royal Southern Race Control", on VHF radio on channel 72. If channel 72 is blocked then the RC may change to VHF channel 06, drawing attention to the change by displaying flag "R" with a sound signal.

4 CLASS FLAG and START TIME

- 4.1 The class flag and start time for each race is:

	Class Flag	Warning Signal	Prep Signal	Prep down	Start
All boats	IC 8	1025	1026	1029	1030

- 4.2 To alert boats that the race start sequence will begin soon, the orange starting line flag will be displayed with one sound five minutes before the warning signal is made.
- 4.3 Boats need not display the class flag. However it is helpful to the RC if they can do so.

5 COMMITTEE BOAT IDENTIFICATION and RACING AREA

- 5.1 The committee boat will display a red flag with yellow "RSrNYC Committee" lettering on it.
- 5.2 Racing will be in the central Solent. From about 0930, the start location will be announced regularly on VHF Radio. It is likely to be near Royal Southern buoy (4S) but depends on the conditions.

6 COURSES

- 6.1 Courses will be advised by VHF radio using the Royal Southern YC Solent Mark Codes 2018 list.
- 6.2 The course will be announced just after the orange attention signal and repeated after the preparatory signal.

7 THE START

- 7.1 Races will be started using rule 26 with the warning signal 5 minutes before the starting signal.
- 7.2 The Starting Line will be between a staff displaying an orange flag on the committee boat and an outer distance mark (ODM).
- 7.3 An inner distance mark (IDM) may be laid near the main committee boat. Boats shall not cross the line between the IDM and the main committee boat after the one-minute signal for each race and before starting and clearing the line. A boat infringing this rule may exonerate herself by rounding the end of the starting line to the pre-start side before starting.

8 CHANGE OF THE NEXT LEG OF THE COURSE

- 8.1 A committee boat (which may be a RIB) displaying flags "C" over "F" and a board with a 2-character code and making repetitive sound signals may be on station near to any mark. The 2-character code identifies the next mark which shall be the finish. This mark may not have been part of the original course. Boats shall round the mark at which these signals are displayed and then proceed directly to the mark indicated, finishing between it and a staff displaying flag "S" on a nearby committee boat. This SI changes RRS 33.

9 THE FINISH

- 9.1 The finishing line will be between a staff displaying an orange flag on a committee boat and the nearby finishing mark.
- 9.2 If a finish boat is not on station, boats shall pass close to the finishing mark and on the required side if stated. Each boat shall record the time it finishes and also (if possible) the name and sail number of the boats immediately in front and behind her. Once the boat has finished she shall provide these details to the RC as soon as possible, via VHF radio or to the Sailing Office.

10 TIME LIMIT

- 10.1 (a) A time limit for the first boat to sail the course may be announced with the course.
- (b) Any boat failing to finish within 60 minutes after the first boat sails the course and finishes will be scored DNF.
- (c) This changes RRS 35, A4, A5 and A11.

11 PENALTIES

- 11.1 The One-Turn and Two-Turns penalties of RRS 44.1 will not apply. Instead, Scoring Penalties will apply as described in RRS 44.3 except RRS 44.3(c) is changed so that the penalty will be 1% of the boat's elapsed time.
- 11.2 A boat that may have broken a rule of Part 2 or rule 31, but which does not take a penalty in accordance with SI 11.1 above, may take a time penalty as follows:
 - (a) if she informs the RC before the expiry of the protest time limit, her penalty will be 3% of her elapsed time.
 - (b) If she informs the RC later than that but before the start of any hearing concerning the incident, her penalty shall be 5% of her elapsed time.
- 11.3 If a boat caused injury or serious damage or, despite taking a penalty, gains a significant advantage in the race or series by her breach, her penalty shall be to retire.
- 11.2 A boat shall not be scored as having finished outside a time limit solely by application of a time penalty.

12 PROTESTS AND REQUEST FOR REDRESS

- 12.1 Boats intending to protest or acknowledging an infringement shall report this to the RC as soon as possible after the end of the race. This changes RRS 61.1(a).
- 12.2 Protest forms are available from the Sailing Office at the RSrNYC. Protests must be lodged in writing at the Sailing Office within 30 minutes of the return of the finishing committee boat to the Prince Philip Yacht Haven. The protest time limit will be posted on the ONB.

- 12.3 Notice of protests by the RC or the Protest Committee (PC) will be posted on the ONB. This changes RRS 61.1(b).
- 12.4 A list of protests will be displayed on the ONB within 15 minutes after the protest time limit along with time and place of the protest hearing. This changes RRS 63.2.
- 12.5 Protests may be heard at the RSrNYC as soon as possible after racing on the day of the incident.
- 12.6 A request for reopening a hearing, or a request arising from a PC decision, shall be delivered no later than 30 minutes after the requesting party was informed of the decision. This changes RRS 62.2 and 66.
- 12.7 Penalties arising from hearings are at the PC's discretion and may be less than DSQ. If the PC considers that points for retiring from a race make an insufficient penalty in the circumstances, it may impose a higher penalty. This changes RRS 64.1.

13 SCORING

- 13.1 Scoring is in accordance with RRS Appendix A.

14 PRIZES

- 14.1 Prizes will be awarded for the overall winner; and for the first boat with an all-female crew in the Ladies' Race; and for the first boat with a female helm in the Ancient Mariners' Race. Prize giving is by invitation to the Royal Southern prize giving dinner on Saturday 10th November 2018.

15 RISK STATEMENT

- 15.1 Attention is drawn to the Risk Statement and Insurance requirements set out in the Notice of Race and the undertaking by competitors in the Entry Form to accept the Notice of Race and comply with its provisions.

Appendix (Separate File):

Royal Southern YC Solent Mark Codes 2018 list.

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